

NISCA PUBLIC School Records – FEMALE (updated 4/6/2010)

Event	Time YARDS	Name(s), School, Date	Time METERS	Name(s), School, Date
200 Medley Relay	1:41.68	Carmel High School – Carmel, IN Jessie Hammes, Lauren Stauder, Devon Mason, Megan Detro February 14, 2009	2:01.35	Yorktown High School – Arlington, VA Katy Hinkle, Abigail Ortmyer, Thea Kromer, Kristen Wolla February 10, 2007
200 Freestyle	1:42.81	Dagny Knutson Minot High School – Minot, North Dakota November 20, 2008	2:00.38	Amanda Weir Brookwood High School - Snellville, GA December 9, 2003
200 Individual Medley	1:56.45	Mary Beck Westlake High School – Austin, TX February 9, 2008	2:16.39	Kaitlin Pawlowicz Oakton High School - Vienna, VA February 20, 2010
50 Freestyle	22.04	Kara Lynn Joyce (relay lead) Ann Arbor Pioneer High School - Ann Arbor, MI November 22, 2002	25.54	Samantha Woodward Edmond Memorial High School – Edmond, OK December 12, 2006
100 Butterfly	52.41	Misty Hyman Shadow Mountain High School - Phoenix, AZ November 9, 1996	1:00.57	Samantha Woodward Edmond Memorial High School - Edmond, OK December 13, 2005
100 Freestyle	48.33	Dagny Knutson Minot High School – Minot, North Dakota November 20, 2008	55.66	Amanda Weir Brookwood High School - Snellville, GA December 9, 2003
400 Freestyle			4:14.90	Kasey Morris Oscar Smith High School – Chesapeake, VA February 20, 2010
500 Freestyle	4:34.78	Dagny Knutson Minot High School – Minot, North Dakota November 20, 2008	5:24.40	Joanna Thomas Mainland Regional High School - Linwood, NJ December 19, 2006
200 Free Relay	1:32.75	Carmel High School – Carmel, IN Megan Detro, Jessie Hammes, Logan Mason, Trish Regan February 14, 2009	1:48.94	Langley High School – McLean, VA Meghan Overend, Jayme Katis, Megan Howard, Abi Speers February 20, 2010
100 Back Stroke	52.89	Lily Moldenhauer Winston Churchill High School – San Antonio, TX February 13, 2010	1:02.17	Lauren English Montville High School - Montville, NJ February 5, 2005
100 Breast Stroke	58.75	Kasey Carlson Las Lomas High School – Walnut Creek, CA May 15, 2009	1:10.31	Ellyn Baumgardner Fairfax High School – Fairfax, VA February 10, 2007
400 Free Relay	3:23.85	Ann Arbor Pioneer High School - Ann Arbor, MI Leigh Cole, Liz Koselka, Kristyne Cole, Margaret Kelly November 19, 2005	3:55.88	James W Robinson High School – Fairfax, VA Allison Baker, Hailey Hewitt, Lauren Kranz, Amanda Kendall February 10, 2007