

NISCA PUBLIC School Records – FEMALE (updated 1/2/2012)

Event	Time YARDS	Name(s), School, Date	Time METERS	Name(s), School, Date
200 Medley Relay	1:41.01	Holland High School – Holland, MI Courtney Batholomew, Melissa Vandermeulen, Taylor Garcia, Holly Morren November 19, 2011	2:00.24	Oakton High School - Vienna, VA Janet Hu, Melissa Shebat, Kaitlin Pawlowicz, Stephanie Hallock February 19, 2011
200 Freestyle	1:42.81	Dagny Knutson Minot High School – Minot, North Dakota November 20, 2008	2:00.38	Amanda Weir Brookwood High School - Snellville, GA December 9, 2003
200 Individual Medley	1:56.45	Mary Beck Westlake High School – Austin, TX February 9, 2008	2:16.06	Kaitlin Pawlowicz Oakton High School - Vienna, VA February 19, 2011
50 Freestyle	22.04	Kara Lynn Joyce (relay lead) Ann Arbor Pioneer High School - Ann Arbor, MI November 22, 2002	25.54	Samantha Woodward Edmond Memorial High School – Edmond, OK December 12, 2006
100 Butterfly	52.41	Misty Hyman Shadow Mountain High School - Phoenix, AZ November 9, 1996	1:00.57	Samantha Woodward Edmond Memorial High School - Edmond, OK December 13, 2005
100 Freestyle	48.33	Dagny Knutson Minot High School – Minot, North Dakota November 20, 2008	55.66	Amanda Weir Brookwood High School - Snellville, GA December 9, 2003
400 Freestyle			4:14.26	Kaitlin Pawlowicz Oakton High School - Vienna, VA February 19, 2011
500 Freestyle	4:34.78	Dagny Knutson Minot High School – Minot, North Dakota November 20, 2008	5:24.40	Joanna Thomas Mainland Regional High School - Linwood, NJ December 19, 2006
200 Free Relay	1:32.75	Carmel High School – Carmel, IN Megan Detro, Jessie Hammes, Logan Mason, Trish Regan February 14, 2009	1:48.94	Langley High School – McLean, VA Meghan Overend, Jayme Katis, Megan Howard, Abi Speers February 19, 2011
100 Back Stroke	51.53	Rachel Bootsma Eden Prairie High School – Eden Prairie, MN Nov. 20, 2010	1:01.82	Madison Hahn Maury High School - Norfolk, VA February 19, 2011
100 Breast Stroke	58.75	Kasey Carlson Las Lomas High School – Walnut Creek, CA May 15, 2009	1:10.31	Ellyn Baumgardner Fairfax High School – Fairfax, VA February 10, 2007
400 Free Relay	3:22.85	Hershey High School - Hershey, PA Samantha Surfus, Meaghan Raab, Yurie Nakano, Katelyn Miller March 18, 2011	3:55.88	James W Robinson High School – Fairfax, VA Allison Baker, Hailey Hewitt, Lauren Kranz, Amanda Kendall February 10, 2007