The objective of this program is to rank and recognize the top high school dual meet teams in each classification. Enter your best dual meet line-up utilizing official times from any official, regularly scheduled high school meet up to and including the state meet performances (no times from time trials/disqualifications/ USA Club or YMCA meets or any other non high school meet) NO TIMES AFTER THE OFFICIAL STATE ASSOCIATION CHAMPIONSHIP MEET WILL BE ACCEPTED. Times can come from different meets. Each time is given a point value based on the official NISCA Power Point Tables (current edition is dated 2014). The tables are designed to equate quality of a swimming time or diving total from event to event and from boys to girls. Try different combinations to see which one gives you the highest point value. Some meet management programs contain the Power Point tables and can do your entry for you if you have your season long data entered.

1. Only grades 9-12 are eligible - the same standard as for All American.
2. Enrollment is based on the total school enrollment (boys and girls) of all grades eligible to swim on the high school team (grades 9-12) - no 8th graders or year 13 allowed. If you have a three year high school you must include enrollment for your junior high 9th graders if 9th graders are eligible to swim on the high school team.
3. Single sex schools must double their enrollment to determine class.
4. NISCA Class - Schools enter a class based on the enrollment determined in \#2 above:

Class 1 Public school boys (enrollment 1-900) Class 2
Public school boys (enrollment 901-1400) Class 3
Public school boys (enrollment 1401-1900)
Class 4 Public school boys (enrollment 1901 and above)
Class 5 Public school girls (enrollment 1-900)
Class 6 Public school girls (enrollment 901-1400) Class 7
Public school girls (enrollment 1401-1900) Class 8 Public
school girls (enrollment 1901 and above) Class 9
Independent school boys (enrollment 1-900)
Class 10 Independent school boys (enrollment 901 and above)
Class 11 Independent school girls (enrollment 1-900)
Class 12 Independent school girls (enrollment 901 and above)
5. Certificates will be awarded to the top 25 teams in each class. A plaque is presented to the top ranked team in each class.
6. You may submit up to two relays and three individuals in each event.
7. Maximum individual entries are limited to the National Federation rules on dual meet entries - maximum of four events with no more than two individual events.
8. List last name and first initial for relays and first and last name for individual events.
9. Each meet must have been conducted under National Federation rules and each performance must have conformed to those rules.
10. Relay times must be from actual relay swims (the 4 listed swimmers swam the time in the same race) and cannot be a compilation of split times. The B relay must be composed of four different swimmers from the A relay.
11. Use yard times only - use the NISCA metric conversion formula table to convert meter times to yards. Claude Valle can provide you with a copy of this conversion formula table if needed.
12. Diving - use 6 or 11 dive totals from official high school competition. You may submit a 6 dive score for one diver and an 11 dive score for another. Be sure to label each as 6 or 11.
13. Be sure to use the correct column and line on the Power Point Table. Times falling between line on the table go to the next slower line. Note relay values are triple individual event values.
14. No relay splits can be used as individual event times except for official, timed lead off swims in 200 and 400 free relays.
15. Make a copy of your application for your records and to be used in event your application is lost through the postal service.

