



**National Interscholastic Swimming Coaches Association
2025- 2026 NISCA U.S. Para All-America**

Time Standards

***Athletes determined by time will be recognized
as Para All-America in individual events.***

Girls Para All-America

50 Freestyle

Boys Para All-America

<u>SCM</u>	<u>SCY</u>	<u>Classification</u>	<u>SCM</u>	<u>SCY</u>
1:40.54	1:30.17	S1	1:49.92	1:38.23
1:04.42	:57.77	S2	1:09.45	1:02.06
:54.37	:48.76	S3	:57.20	:51.11
:47.07	:42.21	S4	:44.00	:39.32
:43.00	:38.56	S5	:36.81	:32.89
:39.35	:35.29	S6	:34.62	:30.93
:37.00	:33.18	S7	:31.37	:28.03
:34.97	:31.36	S8	:30.00	:26.81
:33.14	:29.72	S9	:28.04	:25.05
:31.30	:28.07	S10	:25.81	:23.06
:35.30	:31.66	S11	:31.86	:28.47
:30.52	:27.37	S12	:27.44	:24.52
:31.84	:28.55	S13	:27.43	:24.51



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**National Interscholastic Swimming Coaches Association
2021 - 22 NISCA U.S. Para All-America**

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Girls Para All-America

100 Freestyle

Boys Para All-America

<u>SCM</u>	<u>SCY</u>	<u>Classification</u>	<u>SCM</u>	<u>SCY</u>
5:21.74	4:44.41	S1	4:34.08	4:06.69
3:35.30	3:13.61	S2	2:38.87	2:22.99
1:55.33	1:43.71	S3	1:58.25	1:46.43
1:42.06	1:31.78	S4	1:35.43	1:25.89
1:37.54	1:27.71	S5	1:18.40	1:10.56
1:28.23	1:19.34	S6	1:13.52	1:06.17
1:18.84	1:10.90	S7	1:09.43	1:02.49
1:15.44	1:07.84	S8	1:05.79	:59.21
1:11.24	1:04.06	S9	1:00.69	:54.62
1:08.42	1:01.53	S10	:56.01	:50.41
1:17.19	1:09.41	S11	1:09.75	1:02.75
1:07.39	1:00.60	S12	:59.79	:53.81
1:09.02	1:02.06	S13	1:01.53	:55.38
1:06.54	:59.83	S14	:59.89	:53.90



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Girls Para All-America

200 Freestyle

Boys Para All-America

<u>SCM</u>	<u>SCY</u>	<u>Classification</u>	<u>SCM</u>	<u>SCY</u>
10:07.72	9:08.46	S1	10:07.72	9:08.46
6:12.83	5:36.47	S2	5:28.59	4:56.55
3:58.08	3:34.86	S3	4:37.91	4:10.81
4:02.47	3:38.82	S4	3:25.94	3:05.86
3:19.92	3:00.42	S5	2:52.33	2:35.52
3:08.84	2:50.42	S6	2:37.49	2:22.13
2:51.82	2:35.06	S7	2:37.48	2:22.12
2:41.20	2:25.48	S8	2:25.00	2:10.86
2:37.63	2:22.26	S9	2:22.45	2:08.56
2:25.57	2:11.37	S10	2:09.75	1:57.09
2:48.36	2:32.84	S11	:36.55	2:21.28
2:29.70	2:15.10	S12	2:21.84	2:08.01
2:27.81	2:13.39	S13	2:17.91	2:04.46
2:22.27	2:08.39	S14	2:12.38	1:59.47



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Girls Para All-America

400/500 Freestyle

Boys Para All-America

<u>400 SCM</u>	<u>500 SCY</u>	<u>Classification</u>	<u>400 SCM</u>	<u>500 SCY</u>
6:16.72	7:14.35	S6	5:25.04	6:10.22
5:54.81	6:49.09	S7	5:13.24	5:56.78
5:25.43	6:15.22	S8	4:59.21	5:40.80
5:19.68	6:08.59	S9	4:43.20	5:22.59
5:17.26	6:05.80	S10	4:29.76	5:17.36
5:57.80	6:52.54	S11	5:27.21	6:12.69
5:09.28	5:56.59	S12	4:43.38	5:22.76
5:16.27	6:04.65	S13	4:44.99	5:24.60
5:24.56	6:14.21	S14	4:41.09	5:20.16



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Girls Para All-America

100 Backstroke

Boys Para All-America

<u>SCM</u>	<u>SCY</u>	<u>Classification</u>	<u>SCM</u>	<u>SCY</u>
6:14.21	5:36.82	S1	3:00.93	2:42.85
2:54.83	2:37.36	S2	2:37.01	2:21.32
2:02.24	1:50.02	S3	2:17.67	2:03.91
2:04.17	1:51.76	S4	2:16.42	2:02.79
1:49.53	1:38.58	S5	1:25.21	1:16.69
1:42.00	1:31.81	S6	1:25.70	1:17.13
1:26.22	1:17.60	S7	1:18.19	1:10.37
1:28.09	1:19.28	S8	1:12.66	1:05.40
1:17.48	1:09.73	S9	1:06.62	:59.96
1:18.05	1:10.25	S10	1:05.88	:59.29
1:28.80	1:19.92	S11	1:24.04	1:15.64
1:15.65	1:08.09	S12	1:06.17	:59.55
1:20.03	1:12.03	S13	1:07.70	1:00.93
1:15.53	1:07.98	S14	1:07.38	1:00.64



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Girls Para All-America

100 Breaststroke

Boys Para All-America

<u>SCM</u>	<u>SCY</u>	<u>Classification</u>	<u>SCM</u>	<u>SCY</u>
3:38.01	3:16.05	SB1	3:08.01	2:46.05
3:14.71	2:55.11	SB2	2:39.40	2:23.60
2:31.25	2:16.01	SB3	2:03.67	1:51.41
1:59.93	1:47.85	SB4	1:45.21	1:34.78
1:49.59	1:38.55	SB5	1:45.54	1:35.08
1:49.13	1:38.14	SB6	1:33.66	1:24.37
1:39.88	1:29.82	SB7	1:26.45	1:17.88
1:26.87	1:18.12	SB8	1:20.42	1:12.45
1:26.10	1:27.42	SB9	1:13.13	1:05.88
1:37.78	1:27.93	SB11	1:26.62	1:18.03
1:25.54	1:16.92	SB12	1:17.89	1:10.17
1:26.73	1:17.99	SB13	1:14.93	1:07.50
1:27.11	1:18.33	SB14	1:15.60	1:08.10



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Girls Para All-America

100 Butterfly

Boys Para All-America

<u>SCM</u>	<u>SCY</u>	<u>Classification</u>	<u>SCM</u>	<u>SCY</u>
2:05.73	1:53.16	S5	1:58.37	1:46.26
1:44.55	1:34.10	S6	1:22.98	1:14.49
1:33.06	1:23.76	S7	1:23.51	1:14.96
1:23.08	1:14.78	S8	1:08.90	1:01.85
1:17.29	1:09.56	S9	1:07.04	1:00.18
1:12.60	1:05.34	S10	1:02.97	:56.52
1:28.29	1:19.46	S11	1:17.07	1:09.18
1:14.86	1:07.38	S12	1:07.03	1:00.17
1:16.04	1:08.04	S13	1:04.17	:57.60
1:16.95	1:09.26	S14	1:06.00	:59.24



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<i>Girls Para All-America</i>		<i>200 Individual Medley</i>	<i>Boys Para All-America</i>	
<u>SCM</u>	<u>SCY</u>	<u>Classification</u>	<u>SCM</u>	<u>SCY</u>
4:07.30	3:42.79	SM4	4:03.88	3:39.51
3:52.69	3:29.63	SM5	3:10.83	2:51.76
3:32.90	3:11.80	SM6	3:03.16	2:44.86
3:19.03	2:59.30	SM7	2:57.46	2:39.73
2:59.20	2:41.44	SM8	2:37.73	2:21.97
2:50.81	2:33.88	SM9	2:29.14	2:14.24
2:42.67	2:26.54	SM10	2:22.66	2:08.40
3:13.54	2:54.36	SM11	2:58.32	2:40.50
2:52.05	2:34.99	SM12	2:30.22	2:15.21
2:50.35	2:33.46	SM13	2:32.33	2:17.11
2:44.55	2:28.24	SM14	2:29.02	2:14.13



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