



National Interscholastic Swimming Coaches Association 2025 – 2026 NISCA Swimming All-America

Yard Time Standards

Top 100 Athletes as determined by submitted and accepted times will be recognized as All-America in individual and relay events.

<i>Boys</i>		<i>High School</i>	<i>Girls</i>	
<u>All-America</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>All-America</u>
1:32.13	1:33.91	200 Medley Relay	1:46.22	1:44.15
1:37.93	1:39.57	200 Freestyle	1:50.65	1:48.81
1:48.96	1:50.99	200 Individual Medley	2:03.99	2:01.47
:20.38	:20.74	50 Freestyle	:23.48	:23.06
:48.38	:49.37	100 Butterfly	:55.44	:54.29
:44.69	:45.41	100 Freestyle	:50.99	:50.13
4:27.94	4:32.84	500 Freestyle	4:58.10	4:53.01
1:24.02	1:25.36	200 Freestyle Relay	1:37.13	1:35.48
:48.90	:50.07	100 Backstroke	:55.91	:54.71
:55.04	:56.27	100 Breaststroke	1:03.75	1:02.52
3:04.70	3:07.61	400 Freestyle Relay	3:31.16	3:27.78



Back to All-America